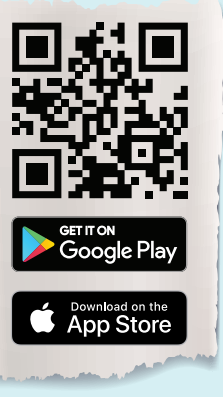
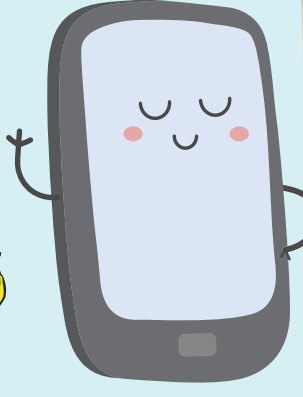


MAY 2024

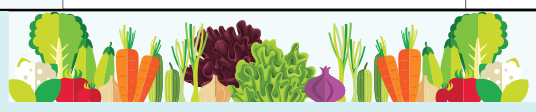
GCC – COA MENU




SCHOOL MEALS ARE AVAILABLE TO ALL STUDENTS AT NO CHARGE.
 Menu Subject to Change, Chef's Choice may be offered at various sites.
 *All Meals include Fruit & Vegetables and choice of nonfat or 1% milk.
 2 Fruit servings offered daily with Breakfast.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Tomato & Cucumber</p> <p>Harvest of the Month™</p> <p><i>H&K Farms</i></p>		<p>Cereal & Nutrigrain Bar Yogurt Parfait Fresh Apple Slices</p> <p>French Bread Cheese Pizza BBQ Beef Rib Sandwich Potato Smiles Fresh Broccoli Florets Mixed Fruit</p>	<p>Cereal & Yogurt Canadian Ham & Cheese Breakfast Sandwich Diced Pears</p> <p>Cheese Calzone Beef Bolognese Fresh Garden Salad Baby Carrots Fresh Orange Slices</p>	<p>Cereal & Muffin Mini Pancakes Diced Peaches</p> <p>Cheese Pizza Beef Pepperoni Pizza Green Beans Baby Carrots Craisins</p>
<p>Cereal & Muffin Mini Waffles Fresh Orange Slices</p> <p>French Bread Cheese Pizza Chicken Corn Dog Vegetarian Baked Beans Baby Carrots Mixed Fruit</p>	<p>Cereal & Yogurt Cinnamon Oatmeal Diced Peaches</p> <p>Cheese Quesadilla Beef Roll Up w/Fresh Salsa Corn Fresh Garden Salad Banana</p>	<p>Cereal & Nutrigrain Bar Turkey Sausage Breakfast Pizza Fresh Apple Slices</p> <p>Grilled Cheese Sandwich Beef Hamburger Shredded Lettuce Baby Carrots Fresh Orange Slices</p>	<p>Cereal & Yogurt Breakfast Taco w/Eggs & Fresh Salsa Diced Pears</p> <p>Veggie Bites w/Rice Mandarin Chicken w/Rice and Broccoli Fresh Broccoli Florets Baby Carrots Frozen Fruit Cup</p>	<p>Cereal & Muffin Beef Pancake Roll-Up Fresh Orange Slices</p> <p>Yogurt Muffin Meal Crispy Chicken Sandwich Fresh Garden Salad Green Beans Applesauce Cup</p>
<p>Cereal & Muffin French Toast Sticks Diced Peaches</p> <p>French Bread Cheese Pizza Chicken Tenders Goldfish Crackers Corn Baby Carrots Applesauce Cup</p>	<p>Cereal & Yogurt Fresh Blueberry or Lemon Bread Fresh Apple Slices</p> <p>Cheese Quesadilla BBQ Beef Rib Sandwich Vegetarian Baked Beans Vegetable Juice Box Banana</p>	<p>Cereal & Nutrigrain Bar Yogurt Parfait Banana</p> <p>Bosco Cheesesticks w/Sauce Beef a Roni Fresh Garden Salad Baby Carrots Fresh Orange Slices</p>	<p>Cereal & Yogurt Beef Sausage Pancake Roll Mixed Fruit</p> <p>Veggie Bites w/Rice Teriyaki Chicken w/Fried Rice Fresh Broccoli Florets Baby Carrots Fresh Apple Slices</p>	<p>Cereal & Muffin Turkey Sausage Breakfast Pizza Fresh Orange Slices</p> <p>Cheese Calzone Turkey Hot Dog Fresh Garden Salad Seasoned Potato Wedges Diced Pears</p>
<p>Cereal & Muffin Mini Waffles Fresh Orange Slices</p> <p>Macaroni & Cheese Fish Treasures Corn Baby Carrots Fresh Apple Slices</p>	<p>Cereal & Yogurt Fresh Baked Scone Diced Peaches</p> <p>Grilled Cheese Sandwich Beef Hamburger Vegetarian Baked Beans Shredded Lettuce Banana</p>	<p>Cereal & Nutrigrain Bar Cinnamon Oatmeal Banana</p> <p>Yogurt Muffin Meal Crispy Chicken Sandwich Crinkle Cut Fries Baby Carrots Diced Peaches</p>	<p>Cereal & Yogurt Breakfast Taco w/Eggs & Fresh Salsa Fresh Apple Slices</p> <p>Sunbutter Sandwich Teriyaki Beef Bites w/Fried Rice Fresh Broccoli Florets Baby Carrots Fresh Orange Slices</p>	<p>Cereal & Muffin Muffin & Canadian TurkeyHam Mixed Fruit</p> <p>French Bread Cheese Pizza Turkey & Cheese Sandwich Cheez-It Crackers Shredded Lettuce Baby Carrots Diced Peaches</p>
 <p>NO SCHOOL</p>	<p>Cereal & Muffin Turkey Sausage Breakfast Pizza Mixed Fruit</p> <p>Chefs Choice Chicken Tenders Vegetarian Baked Beans Baby Carrots Fresh Orange Slices</p>	<p>Cereal & Yogurt Cinnamon Oatmeal Diced Peaches</p> <p>Chefs Choice Beef Roll Up w/Fresh Salsa Fresh Broccoli Florets Corn Banana</p>	<p>Cereal & Muffin Chefs Choice Fresh Orange Slices</p> <p>Chefs Choice Turkey Hot Dog Crinkle Cut Fries Green Beans Frozen Fruit Cup</p>	<p>Cereal & Muffin Chefs Choice Fresh Fruit Choice</p> <p>Chefs Choice Turkey & Cheese Sandwich Vegetable Juice Box Shredded Lettuce Fresh Fruit Choice</p>

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